

SINGAPORE

ELLE

GREAT
GIFT
IDEAS
FROM
JUST \$50!

DECEMBER 2009

JOANNE PEH EXPOSE

"I NEVER
THOUGHT
I WOULD GO
OUT WITH AN
ANG MOH"

CAN YOU
TELL IF HE'S
FLIRTING?

**28-DAY
BEAUTY
COUNTDOWN**

YOUR GUIDE
TO LOOKING
YOUR SEXIEST
+ OFFICE PARTY
DO'S & DON'TS

GORGEIOUS CHRISTMAS

EASY GLAMOUR LOOKS TO
ACE THE PARTY SEASON

**METAL
MANIA**
ACCESSORIES
TOUGHEN UP

**THE HOTTEST
WOMEN IN
MUSIC NOW**
PLUS: HOW
TO ROCK
THEIR LOOKS

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December 2009 \$5.50 (incl. GST)

FACT One in two women suffer from adult acne at some point in their lives.

Cause & Effect

Adult acne is a cluster of inflamed red bumps that form on a person's jaw line, chin, mouth area, back and chest when hair follicles and sebaceous glands become clogged. This could be due to a variety of reasons ranging from overactive oil glands and abnormal hormone levels to emotional stress or exposure to medications and cosmetics.

Improper or delayed treatment could lead to permanent scarring and subsequent skin problems.



Red Alert!

Coping with itching, painful blemishes that won't seem to go away? Sounds like a case of adult acne requiring Derma-Rx solutions.

MYTHS BUSTED

1 **Chocolate and fried food can cause acne**
Not true, although such foods don't help you attain healthy skin.

2 **Acne is the result of poor hygiene** Good hygiene can prevent the spread of further infection, but doesn't guarantee you'll be acne-free.

3 **Suntanning camouflages acne scars** On the contrary, tanning darkens scars and makes them more visible.

Purchase \$220 worth or more of Derma-Rx acne products and receive a free consultation (usually \$50 to \$80) and \$220 worth of The DRx Medispa acne treatments.

All Clear

Over-the-counter products are a dime a dozen, so rather than a one-type-fits-all medicated cream or lotion that could cause other complications, what your skin needs is a proper medical prescription for holistic treatment.

In line with their belief to provide only the best and most effective skincare solutions to prime, remedy and protect, doctors at Derma-Rx affiliated clinics can control acne with specially formulated products. When used in variations according to your specific needs, these Derma-Rx products will allow you to kiss days of painful itching goodbye while redefining beauty and skincare regimes to restore optimum skin health once again.

did you know?

- Acne could be non-existent during puberty, yet appear during one's adulthood.
- Women are more prone to adult acne, which affects people up to the age of 50.
- Adult acne causes psychological effects such as embarrassment, depression and low self-esteem.

“... Medication and laser procedures may be required, but a sound skincare regimen with efficacious products is essential.”

Dr S K Tan, medical director, The DRx Clinic

Terms and conditions: Limited to the first 20 suitable ELLE readers, above the age of 25, with adult acne and who have not used or purchased Derma-Rx products before. Additional terms may apply. Log on to www.derma-rx.com/ellepromo to register now!

“The best way to deal with adult acne is to treat it early, so the condition would be easier to control and permanent scarring could be prevented...”

Battle Plan

Your action plan for eliminating acne consists of:

Step 1 Apply a thin layer of the Derma-Rx Comedone Formula — perfect for reducing blackheads, whiteheads and blemishes, all over face.

Step 2 To suppress and control the appearance of blemishes, apply the Derma-Rx Blemish Formula on top.

Step 3 For stubborn spots, dab the Derma-Rx Blemish Spot onto affected areas to dry out blemishes overnight.

To maintain a clean and clear complexion, use the Derma-Rx Anti-Blemish Mask once to twice a week to remove excess oil and treat existing blemishes.

